



Slow Food® East Cork

# Christmas Cooking Demonstration

**Rachel & Darina Allen**

Wednesday 14<sup>th</sup> November 7.30 pm  
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The Ballymaloe Cookery School

*Admission: €25 Slow Food members,  
€45 non-members*

## **Booking Essential**

Email [Helen@cookingisfun.ie](mailto:Helen@cookingisfun.ie) or ring the school on 4646785 and leave your name and number for Helen.

Proceeds to CHASE, Cork Harbour Alliance for a Safe Environment No Incinerator Campaign